

## DAILY INSPIRATION - DAY 9



Welcome to Day 9

**Today's Message:**

**Taking responsibility empowers you to trust yourself more**

**Whether you have too much responsibility in your life or you aren't taking enough responsibility for creating the existence you want, know that you get to create your life in a healthy balanced way.**

**When you show up for yourself by taking responsibility or setting good boundaries for yourself you build self trust. And trusting yourself is key to loving yourself more.**

**Take action in your best interest. You deserve help, you deserve balance and you have to be the one that creates this. No one can do it for you. You are worthy of taking actions in your own best interest and when you do this, you create a life full of love, peace, and harmony!**

**Be kind to yourself, always and trust yourself to show up and be accountable. Xo Lisa**