

# DAILY INSPIRATION - DAY 21



Welcome to Day 21

Today's message:

**Radical self acceptance and owning your story is the key to self love**

**You did it! Congratulations for completing the self love challenge!**

**I hope you celebrate yourself today and really honor yourself for showing up.**

**This last section is one of the most important and it's all about accepting yourself fully, exactly as you are, right now.**

**Owning where you've been and knowing that whatever you don't like you get to change moving forward.**

**You are worthy, you are capable and you matter.**

**Always love and honor your strengths and focus on your highest potential.**

**Be kind to yourself more today, you deserve to be celebrated, love and cherished. Xo Lisa**