

# DAILY INSPIRATION - DAY 7

Welcome to Day 7

Today's message:

You are here to know who you are and create something

Imagine living your dream life. Imagine you can create all that your heart desires. Feel what your life would feel like.

Let yourself revel in the energy of complete and total freedom and bliss, knowing exactly who you are and exactly what you want.

Even if you don't know what that looks like, feel how you would feel if you HAD IT ALL!

Most of our journey is about how we feel. Our bodies don't know the difference whether we are actually having the experience or we think we are having the experience.

Think about creating your dream life often, whether that's having more peace in your life or something else that is completely grandiose.

It looks different for everyone, just let yourself feel it often as feeling how you want to feel is the best way to create!

Have a beautiful day and be kind to yourself. Xo Lisa

