

## DAILY INSPIRATION - DAY 5

Welcome to Day 5

**Today's Message: You have to see yourself to know yourself**

**You are a divine expression of love and you are here on this planet to know who you are. You are a beautiful being, inside and out and seeing yourself this way allows for happier and healthier life, living with more self love.**

**You get to choose to focus on the beautiful parts of yourself and accept and fully love the other parts that need some growth, as they are just parts of you that need more love.**

**See yourself the way the universe sees you, completely whole and fully loved.**

**Be kind to yourself and choose to see all of your strengths today! Xo Lisa**

