

# DAILY INSPIRATION - DAY 12



Welcome to Day 12

Today's message:

**Showing up for yourself builds accountability and confidence**

**It's all you. Only you can show up for yourself and make yourself accountable.**

**Only you can decide you are worthy of showing up for.**

**Only you get to take actions that allow you to create the life you want.**

**It starts with you and ends with you. You have the power to build trust with yourself and you have the capability to love who you are, exactly as you are.**

**All you have to do is show up and start taking inspired action to build confidence and self trust.**

**Believe in yourself and be kind to yourself today! Xo Lisa**